

FRESH BAGELS

BAGELS **\$1.70**
Plain, Poppy, Sesame, Onion, Pumpernickel, Everything, Garlic, Salt, Seven Grain, Whole Wheat, Whole Wheat Everything, Cinnamon Raisin, Egg, Blueberry, Egg Everything, whole wheat raisin oatmeal, Walnut Cranberry

SLICED BAGELS Original **\$1.80**

BUY A DOZEN, GET ONE BAGEL FREE **\$20.00**

ROLL \$1.50 | **HERO \$2.00**

CREAM CHEESE

Tomato Add \$1.00 | Cucumber Add \$1.00
Avocado Add \$2.00 | Bacon Add \$2.50
Onion Add \$0.75 | Lettuce Add \$0.75

	1/4 LBS	SANDWICH		1/4 LBS	SANDWICH
BUTTERED BAGEL	\$2.50	\$2.95	LOW CAL. PLAIN	\$4.35	\$5.95
PLAIN CREAM	\$3.75	\$4.95	LOW CAL. SCALLION	\$4.55	\$6.25
SCALLIONS	\$4.05	\$5.75	LOW CAL. VEGETABLE	\$4.55	\$6.25
VEGETABLE	\$4.05	\$5.75	LOW CAL. LOX	\$5.75	\$7.45
OLIVES	\$4.25	\$5.95			
GARLIC & HERB	\$4.25	\$5.95			
WALNUT & RAISIN	\$4.25	\$5.95	PLAIN TOFU	\$4.25	\$5.75
JALAPEÑO	\$4.25	\$5.95	TOFU SCALLION	\$4.55	\$6.25
SUN-DRIED TOMATO	\$4.25	\$5.95	TOFU VEGETABLE	\$4.55	\$6.25
STRAWBERRY	\$4.25	\$5.95			
BLUEBERRY	\$4.25	\$5.95			
CHIPOTLE	\$4.25	\$5.95	PEANUT BUTTER	\$3.85	\$5.05
BACON & SCALLION	\$4.95	\$6.65	PEANUT BUTTER & JELLY	-	\$5.55
LOX SPREAD	\$5.25	\$6.95			

PASTRIES

MUFFINS **\$3.95**
Choice of Corn, Blueberry, Chocolate Chip, Cranberry, Banana Nut, Double Chocolate Chip

TOASTED MUFFIN WITH BUTTER OR JELLY **\$4.45**

CROISSANT (PLAIN) **\$3.75**

CROISSANT (ALMOND/ CHOCOLATE) **\$4.25**

DANISH (BLUEBERRY CHEESE / CHEESE) **\$4.25**

COOKIE (CHOCOLATE CHIP/ BLACK & WHITE COOKIE) **\$3.95**

CANELE **\$4.45**

GLUTEN FREE BROWNIES **\$4.45**

GLUTEN FREE RICE KRISPIES TREATS **\$4.45**

SPECIAL SMOOTHIES

16oz with two fruits **\$7.95** Extra fruits **\$1.00**

MANGOES BANANAS STRAWBERRIES
BLUEBERRIES RASPBERRIES PEACHES

FRESHLY SQUEEZED ORANGE JUICE
S \$6.45 L \$7.95

BEVERAGES

OAT MILK ADD
Regular Hot | Iced Coffee \$0.75
Hot | Iced Latte \$1.50

HOT

ESPRESSO (LA COLOMBE) **SMALL - \$3.50**

BREWED COFFEE (LA COLOMBE) **\$2.75 \$3.25**

DECAF COFFEE (LA COLOMBE) **\$2.95 \$3.35**

HAZELNUT COFFEE (LA COLOMBE) **\$2.75 \$3.25**

AMERICANO (LA COLOMBE) **\$3.95 \$4.45**

CAFE LATTE (LA COLOMBE) **\$4.20 \$4.90**

VANILLA LATTE (LA COLOMBE) **\$4.50 \$5.20**

CAPPUCCINO (LA COLOMBE) **\$4.20 \$4.90**

CAFE MOCHA (LA COLOMBE) **\$4.70 \$5.40**

CARAMEL MACCHIATO (LA COLOMBE) **\$5.10 \$5.80**

HOT CHOCOLATE (LA COLOMBE) **\$4.35 \$5.05**

CHAI LATTE (LA COLOMBE) **\$4.35 \$5.05**

ORGANIC TEA (LA COLOMBE) **\$3.90 \$4.60**

(Breakfast. Earl Grey. Green Tea. Chamomile. Ginger Twist)

BOX COFFEE **- \$32.00**

ICED

GB SIGNATURE ICED COFFEE(LA COLOMBE) **SMALL \$3.95 MEDIUM \$4.55 LARGE \$5.15**

ICED BREWED COFFEE (LA COLOMBE) **\$3.35 \$3.85 \$4.35**

ICED DECAF COFFEE (LA COLOMBE) **\$3.55 \$4.05 \$4.55**

ICED HAZELNUT COFFEE (LA COLOMBE) **\$3.35 \$3.85 \$4.35**

ICED AMERICANO (LA COLOMBE) **\$4.25 \$4.75 -**

ICED LATTE (LA COLOMBE) **\$4.65 \$5.35 -**

ICED VANILLA LATTE (LA COLOMBE) **\$4.95 \$5.65 -**

ICED CAPPUCCINO (LA COLOMBE) **\$4.65 \$5.35 -**

ICED CAFE MOCHA (LA COLOMBE) **\$5.15 \$5.85 -**

ICED CARAMEL MACCHIATO (LA COLOMBE) **\$5.55 \$6.25 -**

ICED CHAI LATTE **\$4.95 \$5.65 -**

ICED TEA **\$3.45 \$3.95 \$4.45**

ICED ORGANIC TEA **\$4.15 \$4.85 -**

(Breakfast. Earl Grey. Green Tea. Chamomile. Ginger Twist)

OTHER AVAILABLE BEVERAGES

	CAN	BOTTLE
COKE	\$1.95	\$2.50
VITAMIN WATER	\$3.50	
GATORADE	\$3.50	
TROPICANA	\$3.50	
SNAPPLE	\$2.95	

BREAKFAST SPECIAL

Hero Add \$2.00 | Croissant Add \$2.00
One Egg white \$1.50 | Egg Add \$1.00
Tomato Add \$1.00 | Avocado Add \$2.00
Wrap \$0.75 | Onion Add \$0.75
Lettuce Add \$0.75

Mon - Fri : 6AM - 1:30PM | **Sat - Sun : 6AM - 2:30PM**

BREAKFAST COMBO **\$8.95**

Two Eggs, Home Fries and Toast Choice of Bacon, Sausage, Ham or Cheese

TWO EGGS ON A ROLL OR BAGEL **\$5.25**

TWO EGGS WITH HAM BACON OR SAUSAGE **\$7.20**

TWO EGG WHITE AND BACON ON BAGEL OR ROLL **\$7.75**

TWO EGGS HAM AND CHEESE, BACON OR SAUSAGE ON A ROLL OR BAGEL **\$7.95**

TWO EGGS AND CHOICE OF ONE MEAT TOPPING WITH CHEESE WRAP **\$8.55**

TURKEY, EGG AND CHEESE WRAP **\$8.75**

Two Eggs with Turkey and Cheese

TWO EGGS WHITE BACON AND CHEESE WRAP **\$8.95**

TWO EGGS WHITE TURKEY BACON AND CHEESE WRAP **\$9.25**

TWO EGGS WHITE ROLL OR BAGEL **\$5.75**

TWO EGGS AND CHEESE ON A ROLL OR BAGEL **\$6.95**

TWO EGGS WHITE AND CHEESE ON A ROLL OR BAGEL **\$7.55**

TWO EGGS WHITE AND CHEESE WITH BACON OR HAM OR SAUSAGE **\$8.55**

TWO EGGS AND TURKEY BACON ON A ROLL OR BAGEL **\$7.45**

TWO EGGS WHITE AND TURKEY BACON ON A ROLL OR BAGEL **\$7.95**

TWO EGGS AND TURKEY BACON WITH CHEESE ON A ROLL OR BAGEL **\$8.25**

TWO EGGS WHITE AND TURKEY BACON WITH CHEESE ON A ROLL OR BAGEL **\$8.75**

OMELETTE

Grill Open: Mon- Fri 6AM to 1:30 PM | **Sat & Sun 6AM to 2:30 PM**

WESTERN OMELETTE **\$9.55**

Ham, Peppers, Onion Side with Toast and Home Fries

CHEESE OMELETTE **\$9.55**

Toast and Home Fries with Choice of American, Swiss, Cheddar, Muenster, Alpine Lace Swiss, Provolone, Mozzarella or Fresh Mozzarella Cheese

GREEK OMELETTE **\$9.55**

Feta Cheese, Onion, Tomato Side with Toast and Home Fries

FOUR SEASONS EGG WHITE OMELETTE **\$10.55**

Toast and Home Fries with Spinach, Onion, Mushrooms and Broccoli

NOVA OMELETTE **\$13.25**

Smoked Salmon, Toast and Home Fries

GRAMERCY BAGELS

Gourmet Deli



HAND ROLLED BOILED WATER BAGELS

MADE DAILY : **LET US CATER FOR YOU!**
Beautiful Sandwich Trays or Traditional, Bountiful Layered Trays.

FREE DELIVERY

MINIMUM MAY VARY UPON DISTANCE & TIME

TEL. 212. 388. 0080

FAX. 212. 228. 1443

ORDER ONLINE, WWW.GRAMERCYBAGEL.COM

246 3RD AVE. NEW YORK, NY 10010

SANDWICH COMBO

Include Can of Soda
Choice of Potato, Macaroni Salad, Coleslaw or Pickle
Hero or Croissant Add \$2.00
Avocado Add \$2.00 | Bacon Add \$2.50

COMBO #1 Corned Beef, Pastrami, Swiss, Coleslaw	\$13.50
COMBO #2 Salami, Ham, Lettuce, Tomato, Provolone, Italian Dressing	\$13.50
COMBO #3 Buffalo Chicken, Tomato, Lettuce, Mozzarella, Blue Cheese Dressing	\$13.50
COMBO #4 Rube, Corned Beef, Melted Cheese, Sauerkraut, Mustard	\$13.50
COMBO #5 Roast Beef, Turkey, Lettuce, Tomato, Russian Dressing	\$13.50
COMBO #6 Turkey, Ham, Swiss, Coleslaw, Russian Dressing	\$13.50

SMOKED FISH & FISH PLATTER

Tomato Add \$1.00 | Cucumber Add \$1.00
Onion Add \$0.75 | Lettuce Add \$0.75
Caper or Any Other Cream Cheese Add \$1.25

NOVA SCOTIA SALMON WITH PLAIN CREAM CHEESE Any Other Types of Cream Cheese Add \$1.00	1/4 LBS \$14.25	SANDWICH \$15.95
NOVA SCOTIA PLATTER With Lettuce, Sliced Tomato and Bermuda Onion Served with Bagel and Plain or Chive Cream Cheese		\$23.55

SPREADS

Hero or Croissant Add \$2.00
Tomato Add \$1.00 | Cheese Add \$1.25
Cucumber Add \$1.00 | Avocado Add \$2.00
Bacon Add \$2.50 | Onion Add \$0.75
Lettuce Add \$0.75

EGG SALAD	1/4 LBS \$4.75	SANDWICH \$7.45
TUNA SALAD	\$5.00	\$9.25
LOW CALORIE TUNA SALAD	\$5.50	\$9.45
VEGETABLE TUNA SALAD	\$5.50	\$9.45
LOW CALORIE CHICKEN SALAD	\$5.50	\$9.45
CHICKEN SALAD	\$5.00	\$9.25
PESTO CHICKEN SALAD	\$5.75	\$9.75
BUFFALO CHICKEN SALAD	\$5.75	\$9.75
WHITE FISH SALAD	\$5.95	\$10.45
BAKED SALMON SALAD	\$5.95	\$10.45

HOT SANDWICHES

Choice of Cheese
Avocado Add \$2.00 | Hero Add \$2.00
Onion Add \$0.75 | Lettuce Add \$0.75 | Tomato Add \$1.00

PHILLY CHEESE STEAK Green Pepper, Onion and Mushroom	\$11.75
MEXICAN Grilled Chicken, Jalapeño, Pepper, Cheese, Salsa	\$11.45
CHICKEN PARMIGIANA	\$11.45

COLD-CUT

Sandwich on a Hero or Croissant Add \$2.00
Cheese Add \$1.25 each | Bacon Add \$2.50
Free Can of Soda

SINGLE MEAT		\$10.95
1/4 LBS		\$6.75
Choice of Meat	ROAST BEEF TURKEY BREAST HAM	CORNED BEEF PASTRAMI GENOA SALAMI
	SMOKED TURKEY HONEY TURKEY	

CHEESE SANDWICHES

	1/4 LBS	SANDWICH
AMERICAN	\$3.60	\$5.45
SWISS	\$4.45	\$5.90
CHEDDAR	\$4.45	\$5.90
MUENSTER	\$4.45	\$5.90
ALPINE LACE SWISS	\$4.45	\$5.90
PROVOLONE	\$4.45	\$5.90
MOZZARELLA	\$4.45	\$5.90
FRESH MOZZARELLA	\$5.45	\$6.85
PEPPER JACK	\$4.45	\$5.90

GRILLED CHEESE SANDWICHES

GRILLED CHEESE	\$6.45
GRILLED CHEESE BACON	\$8.45
GRILLED CHEESE TOMATO	\$7.25
GRILLED CHEESE TOMATO & BACON	\$8.95

SALADS & FRUIT SALADS

FOUR TOPPINGS	\$7.95
FOUR TOPPINGS WITH CHOICE OF GRILLED CHICKEN OR HAM OR TUNA SALAD	\$9.95
FIVE TOPPINGS WITH CHOICE OF GRILLED CHICKEN OR HAM OR TUNA SALAD	\$10.45
Vegetable Choices: Broccoli, Green Olives, Black Olives, Feta Cheese, Corn, Cheddar, Cucumbers, Green Peppers, Jalapeño, Green Peas, Chick Peas, Croutons, Red Onions, Sun-dried Tomatoes, Cherry Tomatoes, Hard Boiled Egg, Beets, Mushrooms, Celery, Raisins, Scallions, Roasted Peppers, Bacon Bits and Walnuts	
LIGHT YOGURT WITH FRESH FRUIT AND GRANOLA	\$5.95
FRUIT SALADS	SM. \$4.95 LG. \$6.95

DRESSINGS

Creamy Italian	French Italian	Vinegar Olive oil
Creamy Caesar	Balsamic Vinegar	Ranch
Honey Mustard	Balsamic Vinaigrette	Russian
Blue cheese		

FAT FREE DRESSINGS

Fat Free Italian

WRAPS

GRILLED CHICKEN CAESAR WRAP Grilled Chicken, Romaine, Grated Cheese and Caesar Dressing	\$11.45
FAJITA WRAP Grilled Chicken, Lettuce, Tomato, Onions and Salsa on a Sun-dried Tomato Wrap	\$11.45
ROMA WRAP Grilled Chicken, Melted Mozzarella, Lettuce, Tomato, Onions, Sun-dried Tomato Wrap with Balsamic Vinaigrette	\$11.45
GRILLED HONEY MAPLE TURKEY WRAP Grilled Honey Turkey, Cheddar, Onions, Lettuce, Tomato and Honey Mustard	\$11.45
TUNA MELT WRAP Tuna Salad, Melted American, Lettuce, Tomato and Onion	\$11.45
MOZZARELLA WRAP Homemade Fresh Mozzarella, Fresh Basil, Extra Virgin Olive Oil, Balsamic Vinegar and Sun-dried Tomato	\$11.45
CHICKEN SALAD BLT WRAP Chicken Salad, Bacon, Lettuce and Tomato	\$11.45
BUFFALO Grilled Chicken, Lettuce, Tomato, Mozzarella, Blue Cheese Dressing	\$11.45

POTATO CHIPS

HAL'S CHIPS **\$2.25**

CATERING

All platters include a Magnificent Variety of Vegetables and Bagels

BREAKFAST \$11.00 / PERSON

Coffee or Orange Juice, Fresh Bagels Served with a Variety of Cream Cheese, Butter, Jam

LUNCH \$13/ PERSON

Trader's Lunch Assortment of Sandwiches, Served with a Choice of Salad and with Choice of Soda or Water

We do Catering for Small and Corporate Events. We deliver for Catering in All Manhattan.

PANINI

CHICKEN CLUB PANINI Grilled Chicken, Bacon, Cheddar, Lettuce, Tomato and Honey Mustard	\$11.75
TURKEY PESTO PANINI Turkey, Provolone, Red Peppers and Pesto Sauce	\$11.75
CHICKEN PESTO PANINI Grilled Chicken, Mozzarella, Tomato and Pesto Sauce	\$11.75
CUBAN PANINI Roast Pork, Ham, Swiss, Mustard and Pickles	\$11.75
TUNA MELT PANINI Tuna Salad, Cheddar, Lettuce and Tomato	\$11.75
SICILIANO PANINI Prosciutto, Ham, Fresh Mozzarella and Sun-dried Tomato	\$11.75
TURKEY CLUB PANINI Turkey, Swiss, Bacon, Lettuce, Tomato and Mayo	\$11.75
VEGGIE PANINI Fresh Mozzarella, Spinach, Basil and Sun-dried Tomato	\$11.75
SUPER CHICKEN PANINI Fresh Mozzarella, Grilled Chicken, Red Peppers and Pesto Sauce	\$11.75
MONTE CRISTO PANINI Ham, Smoked Turkey, Swiss, Cheddar, Lettuce, Tomato and Honey Mustard	\$11.75
CHICKEN PARMIGIANA PANINI Chicken Cutlet, Marinara Sauce, Mozzarella and Fresh Basil	\$11.75
CHICKEN FAJITA PANINI Grilled Chicken, Cheddar, Roasted Peppers, Onions and Salsa	\$11.75
GRILLED BUFFALO CHICKEN Grilled Chicken, Mozzarella, Blue Cheese and Buffalo Sauce	\$11.75
MEXICAN Grilled Chicken, Jalapeño, Pepper, Cheese and Salsa	\$11.75

CHICKEN SANDWICHES

Hero \$2.00 Extra | Avocado Add \$2.00
Tomato Add \$1.00 | Cheese Add \$1.25
Onion Add \$0.75 | Lettuce Add \$0.75 | Bacon Add \$2.50

GRILLED CHICKEN	\$9.95
CAJUN CHICKEN	\$9.95
CHICKEN CUTLET	\$9.95
BUFFALO CHICKEN	\$9.95
BLT	\$8.25

SIDE

HOME FRIES	\$5.00
COLESLAW, MACARONI, POTATO SALAD	\$4.00 per 1/2lbs
HASH BROWNS (3PCS)	\$4.00
BACON	\$5.50